
RICO KNITTING IDEAS

Rico Superba



Socks

SOCKS

RICO SUPERBA



MATERIALS

Sock yarn of your choice 100 g
1 set of 5 double-pointed knitting needles 2-3 mm

BASIC PATTERN

Stocking Stitch in the round

Rnd 1: Knit
Repeat rnd 1 to the desired length.

Stocking Stitch in rows

RS row: Knit.
WS row: Purl.

1x1 Rib in the round (Cuff)

Rnd 1: *k1, p1; rep from * to end.
Rep rnd 1 to the desired length.

NOTES

Specific information for number of sts for each size, stitch division for Heel turning and instructions for Toe can be found in the Size Chart.

BOOMERANG HEEL (GERMAN SHORT ROW HEEL)

Double sts

Work required number of short row sts as usual, turn and work first double stitch as follows. Slip next st purlwise wyif, bring yarn up, over and back to pull on the slipped stitch until it slides around to show two "legs". This forms the double stitch. The yarn is now in back, for knit sts work as usual, for purl sts bring yarn to the front between sts.

Shape Boomerang heel

Divide the sts on the 1st and 4th dp needle into 3 parts according to Size Chart: first side, middle part, second side, each needle holding half of the heel sts. Cont working in short rows only across those 2 needles.

Start with the 1st needle and half a rs row:

Row 1 (rs): Knit to last st of 1st needle, turn.

Row 2 (ws): Mds, bring yarn to front, purl to last st of 4th needle, turn.

Row 3: Mds, knit to 1 st before double st, turn.

Row 4: Mds, bring yarn to the front, purl to last st before double st, turn.

Rep rows 3 and 4 until all sts of the side parts have been made into double sts. Complete upper part with half a rs row to centre of heel.

Work 2 rows across all needles (always knit sts on 1st and 4th needle, knit 2nd and 3rd needle or work in your preferred pattern).

Work each double st as 1 st, make sure to insert needle in **both** loops.

Now work the lower part of the heel with short rows across 1st and 4th needle again.

Row 1 (rs): K all middle sts.

Row 2 (ws): Mds (1st st of side part). Purl to 1st st of side part on the other side, mds.

Row 3: Knit to double st, k double st, again making sure to insert needle into both loops, mds.

Row 4: Purl to double st, p double st, mds.

Rep rows 3 and 4 until all sts of the side parts have been made into double sts. Complete lower part with half a rs row to center of heel. Cont working in rnds across all needles. Make sure to knit last double sts of the previous 2 rows (last st of 1st needle and first st of 4th needle) as single sts in the first rnd.

TOE

Round toe with side bands

When the foot of the sock has reached the desired length start working dec rnds. Knit all sts.

**Dec rnd

1st and 3rd needle: K to last 3 sts, k2tog, k1. (Decrease is slanting to the right)

2nd and 4th needle: K1, sl1k, k1, pss0, k to end. Decrease is slanting to the left)

If necessary work required number of rnds without dec (see Size Chart).

Rep from ** until 2 sts remain on each needle.

Break yarn, leaving a long tail. Thread tail on a blunt tapestry needle and thread through rem sts twice. Pull to inside and weave in end.

SOCK (make 2)

Cast on required number of sts (see Size Chart) and divide evenly on 4 dpn. Start rnds in the centre of the back between 1st and 4th needle.

Work Cuff in rib to desired length.

Cont working Leg in stocking stitch in rnds to desired length.

Work boomerang heel.

Cont working in rnds for Foot. When foot has reached the desired length, work Toe.

TO MAKE UP

Weave in ends. Cover with a clean damp tea towel, pull into shape while damp and leave to dry. See ball band for washing and further care instructions.

SIZE CHART



RICO SOCK YARN 4 PLY

TENSION: 30 STS AND 42 ROWS TO 10 CM, 4 IN, OVER STOCKING STITCH ON 2 - 3 MM NEEDLES.

SIZE	4-5	5.5-6.5	7.5-8	9-9.5	10.5-11	12-13	0.5-1.5	2-3	3.5-4.5	5-6	6.5-7.5	8-9.5	10-11	11.5-12.5
No of stitches overall/per needle	4/11	44/11	48/12	48/12	52/13	52/13	56/14	56/14	60/15	60/15	64/16	64/16	68/17	72/18
No of heel stitches	22	22	24	24	26	26	28	28	30	30	32	32	34	36
BOOMERANG HEEL														
Stitch division for heel turning	7/8/7	7/8/7	8/8/8	8/8/8	9/8/9	9/8/9	9/10/9	9/10/9	10/10/10	10/10/10	10/12/10	10/12/10	11/12/11	12/12/12
OVERALL LENGTH OF FOOT IN CM														
(measured from centre of heel)	13,5	15	16,5	17,5	19	20,5	21,5	23	24,5	25,5	27	28,5	29,5	31
TOE SHAPING														
Length of foot to toe decreases in cm	10,5	12	13	14	15	16,5	17	18,5	19,5	20,5	21,5	23	23,5	24,5
Repeat decreases in														
every 4th row	-	-	-	-	-	-	-	-	1x	1x	1x	1x	1x	1x
every 3rd row	1x	1x	1x	1x	2x	2x	2x	2x	2x	2x	2x	2x	2x	2x
every 2nd row	3x	3x	3x	3x	3x	3x	3x	3x	3x	3x	3x	3x	4x	4x
every row	4x	4x	5x	5x	5x	5x	6x	6x	6x	6x	7x	7x	7x	8x

RICO SOCK YARN 6 PLY

TENSION: 22 STS AND 30 ROWS TO 10 CM, 4 IN, OVER STOCKING STITCH ON 2 - 3 MM NEEDLES.

SIZE	4-5	5.5-6.5	7.5-8	9-9.5	10.5-11	12-13	0.5-1.5	2-3	3.5-4.5	5-6	6.5-7.5	8-9.5	10-11	11.5-12.5
No of stitches overall/per needle	32/8	32/8	36/9	36/9	36/9	36/9	40/10	40/10	44/11	44/11	48/12	48/12	52/13	56/14
No of heel stitches	16	16	18	18	20	20	22	22	24	24	26	26	28	28
BOOMERANG HEEL														
Maschenaufteilung Ferse	5/6/5	5/6/5	6/6/6	6/6/6	6/8/6	6/8/6	7/8/7	7/8/7	8/8/8	8/8/8	8/10/8	8/10/8	9/10/9	9/10/9
OVERALL LENGTH OF FOOT IN CM														
(measured from centre of heel)	13,5	15	16,5	17,5	19	20,5	21,5	23	24,5	25,5	27	28,5	29,5	31
TOE SHAPING														
Length of foot to toe decreases in cm	10,5	12	13	14	15	16,5	17	18,5	19,5	20,5	21,5	23	23,5	24,5
Repeat decreases in														
every 4th row	-	-	-	-	-	-	-	-	-	-	-	-	-	-
every 3rd row	1x	1x	1x	1x	1x	1x	1x	1x	1x	1x	2x	2x	2x	1x
every 2nd row	2x	2x	2x	2x	3x	3x	3x	3x	4x	4x	4x	4x	3x	3x
every row	2x	2x	3x	3x	3x	3x	4x	4x	4x	4x	4x	4x	5x	6x

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SIZE CHART



RICO SOCK YARN 8 PLY

TENSION: 20 STS AND 28 ROWS TO 10 CM, 4 IN, OVER STOCKING STITCH ON 2 - 3 MM NEEDLES.

SIZE	4-5	5.5-6.5	7.5-8	9-9.5	10.5-11	12-13	0.5-1.5	2-3	3.5-4.5	5-6	6.5-7.5	8-9.5	10-11	11.5-12.5
No of stitches overall/per needle	28/7	28/7	32/8	32/8	36/9	36/9	40/10	40/10	44/11	44/11	48/12	48/12	52/13	52/13
No of heel stitches	14	14	16	16	18	18	20	20	22	22	24	24	26	26
BOOMERANG HEEL														
Maschenaufteilung Ferse	4/6/4	4/6/4	5/6/5	5/6/5	6/6/6	6/6/6	6/8/6	6/8/6	7/8/7	7/8/7	8/8/8	8/8/8	8/10/8	8/10/8
OVERALL LENGTH OF FOOT IN CM														
(measured from centre of heel)	13,5	15	16,5	17,5	19	20,5	21,5	23	24,5	25,5	27	28,5	29,5	31
TOE SHAPING														
Length of foot to toe decreases in cm	10,5	11,5	13,5	14	14,5	15,5	17	18	19	20,5	21,5	22,5	23,5	24,5
Repeat decreases in														
every 3rd row	-	-	1x	1x	1x	1x	1x	1x	1x	1x	1x	1x	1x	1x
every 2nd row	2x	2x	2x	2x	1x	3x	3x	3x	3x	3x	4x	4x	4x	4x
every row	2x	3x	2x	3x	3x	2x	3x	3x	4x	4x	4x	4x	5x	5x

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ABBREVIATIONS

cm	centimetre
cont	continue
ds	double stitch(es)
dpn	double pointed needle
g	grammes
k	knit
k2tog	knit 2 sts together
mds	make double stitch
p	purl
pssso	pass slipped stitch over
rep	repeat
rs	right side
sl1k	slip one stitch knitwise
st	stitch
ws	wrong side
wyif	with yarn in front

DIFFICULTY

★☆☆	=	easy
★★☆	=	intermediate
★★★	=	advanced
	=	for beginners

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